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Improving Children's...Tactile Sense



The tactile system is the sense of touch. Feeding us information through receptors in the skin, we other information about heat or cold, pain, touch, pressure, vibration, texture, shape and size of objects around us, what we are touching and what is touching us.

Using combinations of individual and social tactile approaches, the ActEi games in this book aim to improve a positive emotional connection with touch and physical interaction, emotional security, physical confidence, awareness of the body, positive vocabulary and more..

Innovative, fun and holistic - a fresh approach to movement education



The 3 books in the ActEi physical development series help children master basic and fundamental movements leading to improvements in the smooth performance of skill.



The 4 books in the ActEi sensory development series help children develop an awareness of their senses, increasing their ability to process sensations and improve physical performance.



The 2 books in the ActEi personal development series help children attain a greater understanding of themselves and increases their positive self concept and sense of who they are.

Purpose: To bring awareness to the tactile sense using the imagination

Resources: None

HOW TO EXPLORE

- Standing up. You suddenly find strange gooey gum is oozing out of your skin.
- Show how you would pull this off and what it might feel like. Have it coming out of all the different parts of your body.
- Work with a partner. They have goo coming out from them! Help them to pull it



IDEAS

The goo is really long and stringy

The goo is short and snaps off easily

The goo has to be rubbed off the skin

The goo will only come off if its warmed up first.



SIMON'S TIPS

Let your imagination get the better of you and invent some strange and horrible ways of getting rid of goo. Remember the goo is oozing from all over the body!